

UTPD PERSONAL SAFETY TRAINING

Learn practical skills.
Build confidence.

Hands-on self-defense training led by UTPD officers for UT groups and organizations.



PRACTICAL TECHNIQUES

Real skills for real situations.



AWARENESS & SAFETY

Build confidence and stay safe.



BEGINNER FRIENDLY

No experience necessary.



MEET OUR TEAM

Trusted instructors.
Tailored for your group.



CUSTOMIZED FOR YOU

Classes built to fit
your organization.

FOR UT GROUPS & ORGANIZATIONS

- Free classes
- Approximately 1-2 hours
- Minimum group size: 15 participants

INTERESTED?
Scan to request a class.



Tell us about your group
and preferred dates.

